

PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Jan 2-3 PNS Senior Circuit Swimming Meet
- Jan 9 Kentridge High School Swimming Invitational
- Jan 21-24 Washington Open Swimming Invitational
- Jan 30 Puget Sound Swimming Assoc Championship
- Feb 5-7 Sea Otters WP International Open
- Feb 11-14 NW Conference Swim Meet
- Feb 18-20 WIAA Boys State HS Swim/Dive Champs
- Feb 23-27 PAC-10 Mens/Womens Diving Champs
- Mar 4-7 PNW Assoc Synchronized Swimming Zone Champs
- Mar 9-14 Speedo Swimming Champions Series
- Mar 18-21 NW Sectional Age Group Swim Champs
- Mar 26-28 PNS Divisional Swim Meet
- Apr 2-4 Spring Siesta Water Polo
- Mar 27-29 NW Age Group Sectionals Swim Meet



Weyerhaeuser King County Aquatic Center

650 SW Campus Drive, Federal Way, Washington 98023-8425

Seattle (206) 296-4444 Tacoma (253) 927-5173

Visit our website at www.kingcounty.gov/parks

**Weyerhaeuser
King County
Aquatic Center**

650 SW Campus Drive

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King County

Winter Schedule

Jan 2 - April 5, 2010

Seattle (206) 296-4444

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Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am -9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00- 10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00- 11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30 Public Swim	11:30-1:30 Public Swim
11:30- 12:30	Family Swim **	Family Swim **	Family Swim **	Family Swim **	Family Swim **		
12:30- 1:30	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals
4:30- 7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30- 8:30	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *		

* Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW's or TTh's)

Evening Session (1/2 hr, 4:30-7:30pm (MW's, TTh's)

Monday & Wednesdays

Jan 4 - Feb 3 (10 lessons)

Feb 8 - March 10 (9 lessons, no class 3/10)

March 15 - Apr 14 (8 lessons)

Tuesday & Thursday

Jan 5 - Feb 4 (10/9 lessons, no PM class 1/21)

Feb 9 - March 11 (6/5 lessons, no PM class 2/11.

No AM/PM class 2/18, 3/4, 3/9, 3/11)

March 16 - Apr 15 (8/7 lessons, no PM class on 3/18.

No AM/PM 3/30, 4/1)

CANCELED SWIMS

Feb 13 Facility closure KC Furlough, Feb 19-21 (Boys High School State Swim/Dive Meet),

Feb25-Mar 1 (PAC-10 Women's Swim/Women's/Men's Dive Meet)

TELEPHONE RELAY SERVICE: 711



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2010 POOL FEES

Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
11:30-1:30	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
4:00- 6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
8:00-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

Canceled Swims:

Jan 9	11:30-1:30
Jan 21-24	11:30-1:30
Jan 30	11:30-1:30
Feb 5	1:30pm-on
Feb 6-7	11:30-1:30
Feb 12-14	all day
Feb 18-20	all day
Feb 24-27	7:00am-on
Mar 10-14	all day
Mar 19-21	all day
Mar 26-28	all day
Apr 2-4	all day

Events:

Kentridge HS Inv
Washington Open Swimming Invitational
Puget Sound Swim Assoc Champs
Sea Otters Water Polo International Open
Sea Otters Water Polo International Open
NW Conference Swim/Dive Champs
WIAA Boys State HS Swim/Dive Champs
PAC 10 Diving Champs
Speedo Swimming Champions Series
NW Sectional Age Group Swim Meet
PNS Divisional Swim Meet
Spring Siesta Water Polo

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

LESSONS

GENERAL ADMISSION (Tax Included)

Recreation Pool:

Rec Pool Family Swim**	
Adults & Youth	\$3.25
Senior & People w/Disabilities	\$3.25
Rec Pool Public Swim**	
Adults & Youth	\$3.25
Senior & People w/Disabilities	\$3.25
Rec Pool Adult & Senior Lap Swim	
Adult	\$5.00
Sr Citizen (62+) & Disabled	\$3.75
Shower	\$3.25

Competition Pool:

Comp Pool Lap Swim	
Adult & Youth	\$5.00
Sr Citizen (62+) & People w/Disabilities	\$3.75

Low Impact Water Exercise (Rec Pool)

Adult	\$6.25 - 10-visit Card	\$56.25
Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.75

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.			
Rec Pool, 1-25 people	\$115.00/hour	Party Room Rental	\$37.00/hour
Rec Pool, 26-60 people	\$145.00/hour	Lobby Rental	\$89.00/hour + staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$650.00+tax
Senior Citizen(62+)	\$107.50+tax	\$273.00+tax
Disabled	\$100.00+tax	\$260.00+tax

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

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